



# ACT EARLY!

YOUR CHILD'S EARLY EDUCATION

# MATTERS

**90%** of brain development happens in the first **5** years of your child's life



Quality educational experiences help brain development



What you do every day makes the difference in your child's success



# HELP YOUR CHILD GET READY!



- **READ** with your child — make it a habit
- **SING** and play music
- **TALK, TALK, TALK** — about what your child does, sees, and thinks
- **PLAY** — inside and outside
- **COUNT** — objects, people, and things
- **HUG** and **CUDDLE** your child

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What more can you do? Go to:  
**[Norfolk.gov/ReadyBy5](https://www.norfolk.gov/ReadyBy5)**

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